

Region 2

Synod 2024

Lenten Challenge

THE CAUSE

To honor ELCA World Hunger's 50th year, the 5 synods in Region 2 are challenging one another to raise money for ELCA World Hunger. **The challenge:** Participate in some spiritual and physical practices during Lent. *The synod with the most participants wins!*

WHAT TO DO?

- ✓ **The goal:** 50 congregations per synod in which at least 1 person participates.
- ✓ Each participant commits to doing 3 of the 4 practices for the 40 days in Lent.
- ✓ Visit the website, sign up, tell your friends, & cheer our synod to victory!



LEARN MORE &
SIGN UP

THE PRACTICES



DAILY DEVOTION

Subscribe to receive a devotion by Pastor Steve Holm by email each of the 47 days of Lent courtesy of Spirit in the Desert Retreat Center.



DAILY DISCIPLINE

Commit to doing one wellness activity every day, be it a workout, a walk, an extra flight of stairs or an extra glass of water.



DAILY DECLUTTER

Find a way to de-clutter, de-stress, and re-tune by clearing the garage, the calendar, or the closet and donating gently used items.



DAILY DONATION

Pledge to give \$1 a day (or more) to ELCA World Hunger for the 40 days of Lent or pledge \$50 for ELCA World Hunger's 50th anniversary.

For details:
www.LentenChallenge.org