**Christ Lutheran Church**

**Week at a Glance**

**October 8 – October 15**

**Today, October 8**

**9:30am Worship -In Person & Live Streamed,**

**Music Makers perform**

**11:00am Mindfulness through Meditation (Adult Lounge)**

**5:00pm OA**

**Monday, October 9**

**No Events Planned**

**Tuesday, October 10**

**9:00am Cover G’s Quilting**

**6:00pm HROC Prayer Meeting (Narthex)**

**6:00pm Guide Dogs of America (Social Hall)**

**Wednesday,** **October 11**

**9:45am Bible Study (Zoom format)**

**6:30pm Women’s Bible Study (Adult Lounge)**

**7:00pm Greater Long Beach Church (Social Hall)**

**Thursday, October 12**

**6:00pm OA Book Club (Adult lounge)**

**12:00pm OWLs in the Nest Lunch (Conference Room)**

**6:00pm Guide Dog Puppy Training (Social Hall)**

**7:00pm Choir Rehearsal (Sanctuary)**

**Friday, October 13**

**No Events Planned**

**Saturday, October 14**

**12:00pm Sons of Norway**

**Sunday, October 15**

**9:30am Worship-In Person & Live Streamed,**

**11:00am Pray Without Ceasing Class (Conference Room)**

**5:00pm OA**

**Altar flowers can be sponsored in honor or memory of loved ones or in thanksgiving for special occasions.** The flower chart is on the door of the Usher’s Room in the Narthex. Each arrangement sponsored is $40. Please make your check out to *Christ Lutheran* and place in the offering plate. Thank you so much.

**Sunday Education Course Pray without Ceasing** will begin on Sunday, October 15 at 11am. Through this course, we will learn what prayer is and how we can pray without ceasing. We will be journaling our thoughts and prayers on a daily basis. Your leaders will be Ron Nelson and Deb Albrecht. Everyone 12 years of age and older are welcome to attend. Materials Needed: A journal, the Bible, and a pen or pencil. There will be 5 sessions total:

**Sunday, October 15** – Exercise 1: Prayer? What’s that? – Instructors- Ron Nelson and Deb Albrecht (Include handout, “Pray without Ceasing,” by Kurt Lammi and John Potter)

**Sunday, November 5** – Exercise 2: Prayer to Me and Exercise 3: Pray without Ceasing – Instructor- Ron Nelson

**Sunday, November 12** – Exercise 4: Intercessory Prayer – Instructor: Deb Albrecht

**Sunday, November 26** – Exercise 5: “We don’t talk anymore” – Instructor: Ron Nelson

**Sunday, December 3**- Exercise 6: How do you pray? and Exercise 7: A prayer sampler platter- Instructors: Ron Nelson and Deb Albrecht

**New members will be received** on Sunday, November 12 during worship. Please contact Pastor Laurie in the church office if you are interested in membership here at Christ Lutheran or have any questions.

**This morning’s worship assistants:**

**Assisting Minister:** Lisa Cottrell

**Reader:** Rich Oelschlaeger

**Communion Assistants:** Claudia Fitzpatrick, Angel Trujillo, Lonnie Timney

**Altar Guild:** Valerie Weisel

**Greeters:** Jeanne and Phil Peterson

**Coffee Cart:** Mary and Gary Thoen

**Ushers:** Matt Green, Andy Trost

**Thank you all**

**The Healing Power of the Holy Spirit**

**We pray for:**

**Members at Home or in Care Centers:** Laurie Ennen, Ione Marchael, Sydney Nichols, and Frances Willms.

**Those struggling with illness or other concerns:** Don Darnauer, Judy Haenn, Daniel Howard, Kathy Klute-Nelson, Karen Koch, Jeff Rodrigues, Bary & Janice Schlieder, Kurt Weisel, Rich Williams, Gary & Linda Zimmerman.

**\*Family & Friends**: Carolina, Chad**,** John Baker,Barrett**,**  Michael, Noah, John Baker, Lois Brown, Zach Burkard, Byron, Sue, Charlie and David Corm, Mary Croes, John Dahlem, Denise Davis, Tamara Fitzgerald, Brechin Flournoy, Gina Barvy Fournier, Alberta Gray, Cindy Gray, Kylie & Crystal Huber, Doris Jung, Barb Korsmo, Freddy and family, Katrina Lahr, Sue Lance, Ronda Lynn, Alan Osterhout, Farnaz Perl, Paula Pettit, Paul Perencevic, Kristina & Scott Randolph, Sharry Reed, Tom Sievers, Marie Spangler, Von, Vicki Thompson, Jessica and Jenny West.

*\*Names are included on the prayer list for 30 days unless specific requests are made through the office.*

**We also pray for the ongoing work of:**

**+** Christ Lutheran’s Pastoral Call Committee

**+** Linda Gawthorne among the Kogi people of Colombia

**+** First responders who provide safety, security, and care

**+** Those serving in our nation's military, especially: Samuel Brown, Ryan Dorris,

Morgan Llewellyn, Johnny Luna, Jim Reeder, Steven, Brina and Michael

Navarro.

***Please provide us with names of those you would***

***like to include in these prayers****.*

**+** Christ Lutheran Preschool, our Lutheran universities and seminaries

and all schools of our church.



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