



Vol. 67 Issue 9, September 2023

Dear Friends in Christ,

One of the most helpful gifts I can give to the community of faith at Christ Lutheran as your Interim Pastor is help members and friends plan for your worship service at the time of your passing. I know it's hard for some of us to think about this eventuality, but it will all come to us. And it's never too soon to make your wishes known. Having a plan in place, even simple ideas for scripture, hymns, and memorial gifts, can lift a great burden to those family and friends who love us.

Did you know in the first few days following a loved one's death, the family can make an average of 200 decisions? To ease the worry of family and offer an opportunity for you to choose the arrangements you want for a service, I am offering to lead a planning workshop.

Thank you to the Columbarium Board for hosting this workshop to help you, your family and the church staff prepare the necessary arrangements upon your passing.

This 45–60-minute workshop will walk you through the basics of planning for a Celebration of Life, Funeral or Memorial Service. We will provide each participant with a planning guide and worksheet to complete. When completed, it can be shared with family or friends and a copy will be kept on file in the church office at Christ Lutheran. For more information, contact Pastor Laurie Arroyo, in the church office.

If you are unable to attend on October 1, but would like to arrange a meeting or pick up a packet, feel free to call the church office and let us know.

Celebration of Life, Funeral & Memorial Service Planning Workshop

Sunday, October 1st, 2023, following worship for about an hour – light snacks provided.

*Blessings to you,
Pastor Laurie Arroyo, Interim Pastor*



Preschool News

Our "Summer of Opposites" summer session was lots of fun! Our weekly themes for summer were: Sweet & Sour, Day & Night, Big & Small, High & Low, Stop & Go, Loud & Quiet, Hot & Cold, and Attract & Repel. Special Guests included: Guide Dogs of America, Foam Party & Snow cones, and a Bounce House. Our summer Guest Readers each week was a great success!

We also had so much fun participating in the Vacation Bible School week with a great turnout for the BBQ that Thursday.

We had a new student orientation on Friday, August 4 from 3:30-4:30pm. We had about 15 new students come for orientation. We started off in the courtyard for introductions, toured the school, then went on the playground to play and meet the teachers. Our end of summer celebration was on Friday, 8/18 and included a bounce house and school closed at 12:30pm. We closed 8/21-8/25 for our staff work week to get everything cleaned and prepped for fall. We had a parent and Church work day on Sat 8/19 to get a jump start on some of the campus cleaning.

Our 2023-2024 school year began on August 28th. Our teachers will be installed on Sunday, 9/17. Our staffing for fall will be Ms. Zacahula in Room 1, Ms. Nielsen and Ms. Banos in Room 2, Ms. Gonzalez and Ms. Segura in Room 3, Ms. Fitzpatrick in Room 4, Ms. Vega in Room 5, Ms. Villanueva in Room 6, Mrs. Palley for our Afternoon Teacher, Ms. Rojas as our Floater, and Ms. Theriault as our Asst. Dir. We will spend the month getting to know all of our new families and getting to know our current families even better. Back to School night will be Monday, 9/11 at 6:30pm.

We wish all of our graduates going on to Kindergarten much success and look forward to welcoming our new and continuing students to another year of growing in God's Love at CLP.

*Sincerely,
Lisa Clinton*

Join Us! Women's Bible Study



A 10-SESSION BIBLE STUDY



Beginning with Genesis 12, walk alongside the fathers of our faith—Abraham, Isaac, Jacob, and Joseph—to discern Jesus in the stories of His people.

Over 10 sessions, discover how God orchestrates everything for His glory and the good of His people, and see how the God of creation and covenant is the same yesterday, today, and forever.



<https://forms.gle/DUHkASXwbAk7af297>

Register

Wednesdays 6:30-8:00 pm

Sep 6 - Nov 8

**Christ Lutheran Church
6500 Stearns St Long Beach**

LifeWay | Women
LifeWay.com/GodOfCovenant

Course name:

Book Study on *Serenity at 70, Gaiety at 80: Why You Should Keep on Getting Older* by Garrison Keillor

Course description:

This course will help you to celebrate getting older and enjoying life more!

Age of participants: Any age since we are all getting older!

Class dates: Thursdays, 9/14, 9/28, 10/12, 10/26, & 11/9

Time: 10 AM at Hof's Hut at 2147 N Bellflower BLVD, Long Beach

Instructor: Steve Howard

Materials Needed: The book, *Serenity at 70, Gaiety at 80: Why You Should Keep on Getting Older*, by Garrison Keillor

Website to order book: [Serenity at 70, Gaiety at 80: Why you should keep on getting older by – ShopGarrisonKeillor.com](http://Serenityat70,Gaietyat80:Whyyoushouldkeepongettingolderby-ShopGarrisonKeillor.com)

Course name:

Practicing Mindfulness through moving Meditation

Course description:

Participants will experience several easy to learn mindfulness practices, utilizing moving meditation techniques

Age of participants: 12 or older. Course will be limited to 8 persons

Class dates: Sunday 9/24, 10/1 & 10/8

Time: 11–12 in the adult lounge

Instructor: Shannon Howard

Note: We will start classes in the adult lounge— but, will also be utilizing other places on campus— such as the meditation garden & labyrinth.

Course name:

Pray without Ceasing

Course description:

Through this course, we will learn what is prayer and how can we pray without ceasing. We will be journaling our thoughts and prayers on a daily basis.

Age of participants: 12 years and older

Class dates: Sundays, 10/15, 10/22, 11/5, 11/12, 11/26, 12/3, and 12/10

Time: 11 AM in the Conference Room

Instructor: Ron Nelson and Deb Albrecht

Materials Needed: A journal, the Bible, and a pen or pencil

Church in Society September Giving Focus.

The Church in Society committee will be supporting God's Work. Our Hands. (GWOH) for the month. We pay particular attention to Sunday, September 10th when we'll work on finishing hundreds of knitted caps for the Lutheran Maritime Ministry. These caps have been created already, they simply need to have some *Fray Check* applied to them and possibly care tags. We'll work together on these in the Social Hall on Sunday and then send a bunch home with willing participants to finish at home. We will also have some opportunities to work on property at New Life beginnings. Those projects will be identified soon.



If you are a **Ralph's Shopper**, please add Christ Lutheran to the Community Programs partnership attached to your Ralph's card. We received donations totaling \$169.45 from just 13 households since January 2023.

Eligible clients with membership can recommend where Thrivent distributes some of its charitable grant funds. These recommendations are shared by directing Choice Dollars to enrolled nonprofit organizations, including churches. CLC received **\$2761.00** in only 7 months! Thank you to church members who have selected CLC to receive these charitable gifts. Ask your Thrivent rep for details



Thursday, September 10th
***OWLs (Obviously Wise Lutherans)** will meet at 12:00 noon in the Social Hall. Bring a side dish to share.

Sons of Norway meets on Saturday, September 9 at noon in the Social Hall. Everyone is welcome to come and learn about the Norwegian culture.

Sunday, September 10th is the ELCA sponsored **“God’s Work. Our Hands.”** program. Plan to stay around after worship to assist with a long term project of one of our members.

Sunday, September 17th
Teachers blessed in worship, Rally Day bounce house and treats, followed by the annual Congregation meeting.



Sunday, September 24th the rescheduled **Morning of Special Recognition** More details to be coming.

Daytimer’s LunchBunch will meet Tuesday, September 26th at 11:30am at Hof’s Hut on Bellflower Blvd in Los Altos.



Members at Home or in Care Centers:

Justin Bartlow, Laurie Ennen, Ione Marchael, Sydney Nichols,

and Frances Willms.

Those struggling with illness or other concerns:

Don Darnauer, Judy Haenn, Daniel Howard, Karen Koch, Bary & Janice Schlieder, Kurt Weisel, Rich Williams, Gary & Linda Zimmerman.

***Family & Friends:** Chad, Barrett, Michael, Noah, Lois Brown, Zach Burkard, Byron, Sue, John Caldwell, Charlie and David Corm, Mary Croes, John Dahlem, Denise Davis, Tamara Fitzgerald, Brechin Fournoy, Gina Barvy Fournier, Alberta Gray, Cindy Gray, Kylie & Crystal Huber, Doris Jung, Barb Korsmo, Katrina Lahr, Sue Lance, Ronda Lynn, Alan Osterhout, Paula Pettit, Paul Perencevic, Kristina & Scott Randolph, Fred and family, Sharry Reed, Tom Sievers, Vicki Thompson, Jessica and Jenny West.

We pray for the ongoing work of:

- + Christ Lutheran's Pastoral Call Committee
- + Linda Gawthorne among the Kogi people of Colombia
- + First responders who provide safety, security, and care
- + Those serving in our nation's Military, especially Samuel Brown, Ryan Dorris, Morgan Llewellyn, Johnny Luna, Jim Reeder, Steven, Brina and Michael Navarro.



9/10 Kim and Frank Croes
9/19 Barbi and Don Darnauer
9/27 Laurel and Adam Elliott
9/28 Claire and Glenn Hoxie



9/6 Nicholas Jenkins
9/6 Annie Johnson
9/8 Sue Bredenkamp
9/12 Nathan Latiolait
9/14 Hannah Rodrigues
9/18 Don Darnauer
9/18 Emily Randig
9/21 Jonah Koch
9/22 Arielle Joubert-Honacki
9/23 Chantal Joubert-Honacki
9/25 Kameko Fournoy
9/25 Kathy Treat
9/26 Jax Johnson
9/28 Linda Peralta
9/29 Samantha McGee
9/30 Matthew Timney

Christ Lutheran Church
6500 Stearns Street
Long Beach, CA 90815-3497

Return Service Requested



Mission Statement:

Christ Is Alive!

Vision Statement:

Christ Lutheran Church is a community of believers committed to praising our Savior Jesus Christ. With His love, we reach out to those in need and welcome all with open hearts. Our worship dynamically combines word, song and prayer to share God's incredible message. Having faith in this, we go forth knowing that with God and the power of the Holy Spirit, anything is possible.

October Newsletter Deadline: September 15

Life In Christ

Is the newsletter of

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Long Beach, CA 90815-3497

562.598.2433

www.christlutheranlb.com

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**Please join us in person for Sunday
 Worship 9:30am**

**Live on FB or later on YouTube
 Channel**



Be sure to LIKE us on Facebook.

facebook.com/christlutheranlb