

And Jesus said, "Come away to a deserted place all by yourselves and rest a while." Mark 6:31

Vacation in July. In Florida. Ugh! Not ever what I thought vacations would be now that I'm an adult! My family vacationed in Florida in July when I was a kid – and it was awesome – but oh so hot and muggy!!! It rained every day. Now? I look forward to vacation in July in Florida, so I can see our children and grandchildren, and my sister and brother-in-law, and my in-laws, too! This year my other sister and brother-in-law will be there, too! At the end of the week together, we will be bringing home our two oldest granddaughters for a week plus here in SoCal and then I'll be flying them home and finally get to see their home in New Hartford, NY. And poof! There goes July!

I'm excited that we will be starting a summer preaching series on the metastory of the Bible, as described by Brian McLaren as the 7 C's – Creation (June 30), Crisis (July 7), Calling (July 28), Conversation (August 4), Christ (August 11), Church(August 18), Consummation(August 25). We will be livestreaming these 7 sermons on Face Book live as well – just to give us a good understanding of this platform and how it works for us. Then, who knows? Maybe we will livestream all of the sermons come fall. I would love your feedback on this process.

We have a blood drive on the last Sunday of July. Sign up today!

And, we have a pastoral intern coming to us from Germany in December. I look forward to Natalie Loepke's three month stay with us. We are looking for a place for her to stay for this time. If you have a spare room that you would be willing to share with her, please let me know! The dates are from December 9 to March 6.

I pray as the weather warms up and school-related activities wind down, that you, too will find a place to get away and rest. One of my favorite Face Book quotes is this: When you are resting because you are worn out, you need to remember that you are not wasting the day doing nothing. You are doing exactly what you need to do. You are recovering. (Wild Woman Sisterhood).

We have become a society of human doings, not human beings. Please, dear CLC family, find a place to simply "be" this month.

Pastor Pam







Greetings!

When I was a kid, summer never really felt like summer until the Fourth of July. Alternating between playing baseball, swimming, and blowing stuff up (yup...those days when fireworks were legal rocked!) was epic. Throw in a Bar-

B-Que, running after the ice cream truck, and the wonderful, extravagant firework display one person always had on the block (remember these names:

Bonanza, Block Party, et al...these were the names of the most expensive boxes of fireworks at the fireworks stands).

Before that highlight of the evening, you had your own family boxed set that you could not wait till dark to set off. We ran around like screaming banshees holding sparklers. We nailed the spinning wheel to the tree (and cried when it didn't spin) and ruined my mom and dad's driveway with those black snakes and ground bloom flowers. Of course, we were fascinated by our older siblings' stash of illegal fireworks: firecrackers, sky rockets, and M-80s. Thank you God for protecting me from myself.

I also remember, weeks leading up to the 4th, of trips to the corner fireworks stand (yes, they sold to kids...can you believe it?). I know God was with me during those wild days of youth; otherwise, I would have blown myself up!

Although fireworks are now illegal most everywhere, be safe and sane this holiday my friends.

Youth Music News!!!!

Kaleidoscope will start back up in the fall. There will be changes in the enrollment policy this fall. The age requirement will now be 1st through 5th grades. Kindergarten age children will be accepted if they attended *Musicmakers*

here at Christ Lutheran and/or show they have already had some introduction

to music rudiments. More to follow!

We have a website:

http://brimad.com/Kaleidoscope/Welcome.html

CL Outreach Band is practicing each week for their first show in August. It will be part recital/part rock concert giving each child and

young adult the opportunity to display their talents in their most comfortable fashion.

The Music Teams are resting this summer after a year of hard work and wonderful music. I would like to do a Handbell Workshop towards the end of summer, so anyone interested please contact me at any time.

Worship Report: Nothing new to report other than, please consider helping out on Altar Guild and please check the flower chart and consider filling in any empty weeks so we always have fresh flowers on Sundays. Also, we spent time cleaning, organizing, and throwing away a bunch of items no longer needed and/or in dis-repair. Please notify staff before re-locating items. We find that after we clear a space something else magically appears there within weeks. Thank you everyone who provided special help at Easter and Pentecost. One final note: please leave the tables up in the social hall; I'm still finding them put away on Mondays and I need them left up for the quilters on Tuesday mornings. Thank you for your help with this.

Once again, thank you for your time, talents, and treasures...as well as your love and support.

Your humble Director, Brian Madigan

Preschool News

In June we celebrated Father's day early on Friday, June 7 with Dads and Donuts. We enjoyed breakfast and activities that included making paper ties, building with Legos, 'pin the tie on the dad' game, and bowling.

We ended another year of 'Growing in God's Love' on Wed, June 19, 2019 with a special graduation ceremony for those going to Kindergarten and an End of Year Program for everyone. Our teachers then worked hard the next two days while the school was closed to get everything cleaned and

switched over for our summer session. Our "Imagine It!" summer program began on June 24th.

We are looking forward to exploring different themes each week. Our weekly

themes will include: Beach, Space, Super Stars, Once Upon A Time, Animals, Restaurants, and Community Helpers. Special Guests will include: Life Guard, Foam Party, The Nick and Jen Show, Librarian, Whatever Little Pony Pictures & Rides, Fire Truck, Police, Doctor and a bounce house.



We will once again participate in Vacation

Bible School with the Church the week of July 8th. The theme is, How Deep is God's Love?

Looking forward to a fun-filled summer, Lisa Clinton

OWLs in the Nest This regular fellowship time is an opportunity to enjoy a potluck meal, conversations with each other. Pastor Pam and maybe interesting visitors, play cards or other types of games, etc. Make sure to be at the next meeting on Thursday, July 11th, at 12:30pm in the conference room each person who attends is asked to bring a salad, side dish or dessert to share. For example, a couple would provide 2 dishes. If you have any questions, please contact Harriette Probst at 562 430-9448; leave a message and say that you are from Christ Lutheran.





Adult Bible Study is now meeting on the second and fourth

Wednesdays of each month at 7:15pm in the home of Phil and Jeanne Peterson. The current study is on the Book of Acts. Everyone is invited and welcome to join in. Please contact Phil or Jeanne for more information, 562 429-3093.

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Bible 101-Basic Theology is taking a summer vacation until September. Take a walk on your summer Tuesday evenings and grab an ice cream cone instead.



is taking a break for the summer. Watch this

newsletter and the Sunday bulletin for a return date.

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Pray for Peace in the Middle East Join Pastor Pam in the Sanctuary on the

24th of each month at 7pm to pray for peace in this fragile and volatile area of the world. **Raising our voices** together in hope for



respect and resolution is one way that we can support our brothers and sisters in this region.

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The Sons of Norway meet in CLC's Social Hall at noon on the second Saturday of each month



beginning in September. Enjoy your summer and come to the meetings refreshed in the fall.

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Prayer Shawl Ministry will not meet at church during the summer months, but please continue to knit or crochet at home if you like.

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Members at Home or in Care Centers: Justin Bartlow, Judy Haenn, Ione Marchael and Dave Nell.

Those struggling with illness or other concerns: BJ Anthony, Lowell Benner, Don Darnauer, Daniel Howard, Donna Johnson, the Joseph family, Bary & Janice Schlieder, Lonnie Timney and Gary Zimmerman.

Family & Friends: Jeri Alacano, Marilyn Armstrong, Ralph Bender, Lois Brown, John Byron, Clara & John Caldwell, Dawnie & Scott Campbell, Susan Clark, Mardelle Clayton, David Corm, Charlie Corm, Fernando de Gomez, Veronica DeRossi, Jim Edwards, Jan Esser, David Feldman, Ana Forrester, Alberta Gray, Bobbi Guzman, Evie Holdhusen, Bobbie Hoenig, Bill Horner, Leslie Hoskins, Kylie & Crystal Huber, Rev. George Johnson, Amy Jordan, Doris Jung, Mary Keenan, Tom Kelly, Barb & Jim Korsmo, Katrina Lahr, Heather Lund, Barbara & Scott McKinney, Don Norris, Ian Ollie, Jerry Petitt, Joyce Pressler, Kristina & Scott Randolph, Lucille Raymond, Mark Shreckengast, Lyn Schrenk, Kyle Christopher Senior, Heather Skipworth, Anna Watt-Morse, Tristan Weisel, Jenny & Steve West, Linda Willey.

We pray for the ongoing work of: + Linda Gawthorne among the Kogi people of Colombia.

+First responders who provide safety, security and care.

+ Those serving in our nation's military; especially Jason Arellano, Samuel Brown, Gene Chen, Rachel & Victor Colon, Michael Cote, Aaron Crayton, William Eaton, Damian Ellsworth, Nicholas Flournoy, Gabriel Gallegos, Richard Gallegos, Chandler Hoover, John Lamberton, Brittany Graham, Davis McElwain, Morgan Llewellyn, Haley Fessenden, Johnny Luna, Shawn McRae, Emily Merritt, Steven Andrew Navarro, Michael Joseph Navarro, Jim Reeder, Sophie Schade, Douglas Steelhammer, Dominic Vancini, Jonah

Joshua and White



Westcott, Wauchope Collin July 18 Ann and Rich WilliamsJuly 28 Rebecca and Matt Green



7/4 Ken Yliniemi

7/11 Kyle Petrbok

7/11 Noah Timney

7/11 Matt Weisel

7/12 Ben Elliott

7/17 Callie Biel

7/20 D'Jesus Trujillo

7/22 Jenn Ostergren

7/29 Sydney Nichols

7/30 Rebecca Green

ARE YOU LOOKING FOR A WEIGHT LOSS GROUP THAT WORKS?

We are the one!

T.O.P.S. That stands for: Taking Off Pounds Sensibly.

We have weekly meetings and weighs-ins; with up to date nutritional tips and food information.

There are also meaningful programs on all aspects of personal health, and most important ... losing weight. One of the hardest parts of weight loss is success in keeping it off!

TOPS is very proud of its record of members maintaining their weight loss over many years..

We are a congenial group, all working toward the same goal... a healthy weight to enhance our physical well-being and the joy of fitting into those pants that couldn't zip up.

Our dues are just \$2.00 per week; with a once a year fee of \$34.00. We don't sell anything but good health and happiness. Come for a free visit.

Meet at Christ Lutheran Church, 6500 Stearns St. Long Beach 90815 Every Friday morning from 10 to 11AM, weigh in at 9:30am

Want more info? Call Mona at 562-439-2264